

Welcome to the

# Allurion

PROGRAM

- No surgery
- No endoscopy
- No anaesthesia

# Patient Information

Please complete and return to NZ General Surgery and Medical, 14 Rutene Road, Gisborne or [admin@nzgsmedical.co.nz](mailto:admin@nzgsmedical.co.nz) as soon as possible or at least 14 days before treatment date. You will be contacted the week before your treatment by a nurse for a pre-assessment.

## Personal Information

Surname:		First Name:	
Preferred Name:		NHI:	
Date Of Birth:	Age:	Gender:	
Home Address:			
Postal Address:			
Email:			
Do you consent to your information/clinic letters/test result being sent to the email provided? <b>Yes</b> <input type="radio"/> <b>No</b> <input type="radio"/>			
Home Telephone:	Mobile:	Work:	
Occupation:		Ethnicity:	
Next of Kin/Emergency Contact Person:		Relationship:	
Telephone:		Mobile:	
General Practitioner:		Medical Centre:	
Pharmacy:			

What Allurion Program are you interested in?

Gold  Silver

How did you hear about us?

Where did you hear about the Allurion Balloon?

History of difficulties and/or complications losing weight (Diets, surgeries, exercise etc..)

## Health Questionnaire

*It is important that you answer all questions as accurately as possible. All Information is sought to minimise your risk and will be retained as part of your confidential report*

### Do you suffer from any of the following?

#### CARDIAC (HEART)

- Chest pain/Angina **No**  **Yes**
- Previous Rheumatic Fever **No**  **Yes**
- Previous Heart Attack **No**  **Yes**
- Cardio Myopathy **No**  **Yes**
- Heart Failure **No**  **Yes**

#### PULMONARY (LUNGS)

- Shortness of breath **No**  **Yes**
- Chronic cough **No**  **Yes**
- COPD/Emphysema **No**  **Yes**
- Sleep apnea **No**  **Yes**
- Cystic fibrosis **No**  **Yes**

#### GASTROINTESTINAL

- Change in bowel habit **No**  **Yes**
- Blood in stool **No**  **Yes**
- Gallbladder Stones **No**  **Yes**
- Liver/Cirrhosis **No**  **Yes**
- Hepatic insufficiency **No**  **Yes**
- Inflammatory bowel Disease** **No**  **Yes**
- Ulcerative colitis** **No**  **Yes**
- Crohn's Disease** **No**  **Yes**
- Gastric or duodenal varices** **No**  **Yes**
- Gastro oesophageal reflux** **No**  **Yes**
- Gastric ulceration** **No**  **Yes**
- Duodenal ulceration **No**  **Yes**
- Benign or malignant tumour **No**  **Yes**

#### ENDOCRINOLOGY

- Type 1 Diabetes **No**  **Yes**
- Type 2 Diabetes **No**  **Yes**
- Thyroid trouble **No**  **Yes**
- Venereal disease **No**  **Yes**
- HIV positive **No**  **Yes**
- Pancreatitis **No**  **Yes**

#### PSYCHIATRIC

- Mental Illness **No**  **Yes**
- Depression **No**  **Yes**
- Anxiety **No**  **Yes**
- Panic Attacks **No**  **Yes**
- Alcohol or drug addiction **No**  **Yes**

If you answered "Yes" to any of the above, how do you address or manage these conditions?

- Severe gastroparesis **No**  **Yes**
- Hepatitis A-B-C **No**  **Yes**
- Perforated appendicitis **No**  **Yes**

**PREVIOUS SURGERIES**

Diagnostic laparoscopy      No  Yes

Laparoscopic appendectomy      No  Yes

Open appendectomy      No  Yes

Cholecystectomy      No  Yes

**Gastric surgery**      No  Yes

**Oesophageal surgery**      No  Yes

**Laparoscopic band ligation**      No  Yes

**Anti-reflux surgery**      No  Yes

**Bariatric Surgery**      No  Yes

Emergency Surgery, Trauma, Caesarean sections      No  Yes

How many C-Sections?

When?

**OTHER**

Cancer?      No  Yes

Autoimmune disorder      No  Yes

Previous gastric balloon      No  Yes

If yes when?     

**ARE YOU**

Taking anticoagulants?      No  Yes

Immunocompromised?      No  Yes

Pregnant?      No  Yes

**OESOPHAGUS**

Achalasia      No  Yes

Scleroderma      No  Yes

Diffuse oesophageal spasm      No  Yes

Stricture      No  Yes

Web      No  Yes

Diverticulum      No  Yes

**Large hiatal hernia**      No  Yes

Oesophagitis/ Barrett's      No  Yes

**Oesophageal varices**      No  Yes

Corkscrew Oesophagus      No  Yes

Height:

Weight:

BMI:

Do you Smoke?      No  Yes

If yes how many a Day?

Do you drink alcohol?      No  Yes

If yes how much?

How often?

**ALLERGIES**

Medication RUSH      No  Yes

Polyurethane or Silicone      No  Yes

Other: \_\_\_\_\_

**If you have answered "Yes" to any of the above, please specify in the space below:**

**Success with the Allurion programme requires a willingness to engage, changing your lifestyle with physical activity, engagement with the clinician, dietician programmes, pre and post placement. This will include dietary coaching, regular use of the Allurion scale and fitness device.**

Are you willing to commit and adhere to wanting to change your eating habits and continue to lose weight after you pass the Allurion balloon? **No  Yes**

Are you willing to take prescribed proton pump inhibitor (Omeprazole) medications in preparation for and/or during device residence? **No  Yes**

Are you willing to hydrate (at least 2 litres of water) the day before the procedure? **No  Yes**

Are you willing to take prescribed antiemetic medications (Ondansetron/Scopoderm) in preparation for and/or during device residence? **No  Yes**

Have you been or previously been diagnosed bulimia, binge eating, compulsive overeating, or similar eating-related psychological disorders? **No  Yes**

Are you able to discontinue use of non-steroidal anti-inflammatory drugs (Ibuprofen, Aspirin, Diclofenac) or other gastric irritants during the device period? **No  Yes**

By selecting "Yes" you acknowledge that the balloon will only qualify for a free replacement if it is confirmed to be faulty within the 90 day warranty period. **No  Yes**

By selecting "Yes," you agree to bear the additional costs associated with the balloon procedure, including X-ray expenses, which will be payable by the patient. **No  Yes**

**If you have answered "No" to any of the above, please specify in the space below:**

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**Have you suffered from any other medical condition/problem not listed in the questionnaire above?**  
 (Significant past illness, disease, involving complications and/or trauma) **No  Yes**

Approx. Date	Medical Condition

**Please list any previous surgeries:** Involving any complications (if applicable)

Surgery	Approx. Date	Complication

**What medication/s are you taking?** (Including over the counter drugs, vitamins/herbal or contraceptive)

Medication/ Remedies/Supplements	Dose	Frequency

**DECLARATION**

I hereby confirm that all the information provided above is accurate to the best of my knowledge. Furthermore, I acknowledge and agree that in the event of any changes to the aforementioned information prior to my procedure, I will promptly notify NZ General Surgery and Medical. This includes notifying them of any occurrences such as common colds or general unwellness, as it may or may not impact the originally agreed upon date of my procedure.

Moreover, in the event that I, as the patient, decide to have the balloon removed, I understand that I will be responsible for all associated expenses. I acknowledge that such removal will not qualify me for any refund or reimbursement.

**Date of Procedure:**

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<p><b>Signed:</b></p>	<p><b>Date:</b></p>
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